

# Edinburgh Stag & Hen Weekends



## Kayaking

Give your legs a rest and make your arms do all the work as you take to the water Kayaking.

Kayaking can be a marvellous mix of relaxed paddling through calm waters and the more challenging river kayaking.

Whichever you decide to try, our team will be able to arrange a style that suits you!

Take on the water spirits and give Kayaking a go; feel the excitement of making your way down rivers and gorges, bundled with the serenity of open water paddling.

Kayaking gives you the opportunity to propel yourself across the water like it was your natural habitat.

Such power, such grace, such freedom.

